



 **SKS HOSPITAL**
& POSTGRADUATE MEDICAL INSTITUTE

Department of Child & Adolescent Psychiatry

Community Awareness Programmes - 2023



On the occasion of "World Mental Health day", an Inter-School Art competition was conducted in Salem, with approximately 200 students participated from various schools.



One day workshop for school teachers was organized on the topic of "Learning challenges among children- Remedial and teaching strategies" at SKS Hospital in Salem. Around 45 teachers from various schools in Salem attended the workshop.

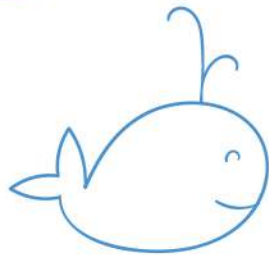


On "World Suicide Prevention day", Life Skills Training program was organized for class XII students at Shri Vidya Mandir school in Rasipuram. The topic discussed with the students was "How to cope with stress and saying no to Suicide".





The session was conducted on the topic of "Coping with stress" for class XI and XII students at Equitas Gurukul Matric School in Salem.



The interactive session was held for parents on the topic of "Parenting in Digital Era" at Gayathri Matric School in Salem.



A session on the "Identification of mental health issues in children" was conducted for school teachers at Glazebrooke School in Salem.





The session on the topic of "Identification of mental health issues in children" was conducted for school teachers at Jairam Higher Secondary school in Salem.



Our first parenting workshop was conducted at Vriksha Montessori International school in Salem. Positive parenting strategies were discussed.



At the Kiddathon centre stage in Salem, an engaging and thought provoking "Parenting drama" was organized by our Child Psychiatry team.





The session on the topic of "Coping with stress" was conducted for class IX to XII hostel boys at St. Paul's Higher Secondary School in Salem.



A keynote address focusing on "Learning challenges among children" was delivered during the Regional Conference held at Periyar University in Salem.



The session on the topic of "Coping with stress" was conducted for class IX to XII students at Paavadi Higher Secondary School in Salem.





Thank you

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